

# NOVEMBER | 2019



## RANDOLPH SOUTHERN BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28</p> <p>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p>	<p>29</p> <p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO EQUIPMENT OR DELIVERY ISSUES</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>SAUSAGE BISCUIT JUICE FRUIT MILK</p>
<p>4</p> <p>POPART JUICE FRUIT MILK</p>	<p>5</p> <p>BREAKFAST SLIDERS JUICE FRUIT MILK</p>	<p>6</p> <p>CEREAL JUICE FRUIT MILK</p>	<p>7</p> <p>YOGURT GRAHAM CRACKERS JUICE FRUIT MILK</p>	<p>8</p> <p>MUFFIN JUICE FRUIT MILK</p>
<p>11</p> <p>BREAKFAST PIZZA JUICE FRUIT MILK</p>	<p>12</p> <p>PEANUT BUTTER &amp; JELLY SANDWICH JUICE FRUIT MILK</p>	<p>13</p> <p>CEREAL JUICE FRUIT MILK</p>	<p>14</p> <p>CINNAMON TEXAS TOAST JUICE FRUIT MILK</p>	<p>15</p> <p>COCOA BREAD JUICE FRUIT MILK</p>
<p>18</p> <p>DONUTS JUICE FRUIT MILK</p>	<p>19</p> <p>PANCAKES/SYRUP JUICE FRUIT MILK</p>	<p>20</p> <p>CEREAL JUICE FRUIT MILK</p>	<p>21</p> <p>CINNI MINI JUICE FRUIT MILK</p>	<p>22</p> <p>EGG SANDWICH JUICE FRUIT MILK</p>
<p>25</p> <p>STRING CHEESE GRAHAM CRACKERS JUICE FRUIT MILK</p>	<p>26</p> <p>CINNAMON ROLL JUICE FRUIT MILK</p>	<p>27</p> <p>NO SCHOOL THANKSGIVING BREAK</p>	<p>28</p> <p>NO SCHOOL THANKSGIVING BREAK</p>	<p>29</p> <p>NO SCHOOL THANKSGIVING BREAK</p>

### News Did You Know?

The average person sits down to breakfast at 7:31 am during the week and at 8:28 am on the weekend.

A cow gives nearly 200,000 glasses of milk in her lifetime.

To tell if an egg is fresh, put it in a bowl of water – if it sinks it is fresh, if it floats it is stale.

An average person eats 172 eggs per year.

More than 1/3 of eggs produced are eaten at breakfast.

Sausage machines can fill sausages at a rate of 11/2 miles an hour.