

Adverse Childhood Experiences: Understanding the Impact and Building Resiliency

Children who experience multiple adverse childhood experiences (ACEs), such as exposure to violence or negative family relationships, have a greater likelihood of negative outcomes throughout life. The [CDC-Kaiser Permanente Adverse Childhood Experiences \(ACE\) Study](#) is one of the largest investigations of childhood abuse and neglect and later-life health and well-being.

The findings of the ACE Study show that leading causes of health, learning, behavior and productivity problems are often rooted in the cumulative impacts of childhood adversity. During this presentation, you will learn about the impact of ACEs and how building resilience can help people recover and thrive in spite of adversity. You will:

- better understand the ACE study and its importance;
- discover how ACEs impact individuals and their health outcomes; and
- identify how to begin addressing ACEs with the youth and families they serve.

Speaker: Skye Berger, Chief Encouragement Officer & Executive Creative Coach – Door Opener Academy, Skye Berger Group Skye has more than ten years of experience as a consultant, coach, speaker and trainer. Her background includes child welfare and mental health facilitation and program development. Skye has reached youth and families nationwide through keynote presentations and training on leadership, renewal, teen parenting and transition-age youth.

Community Partners: Reach All Randolph County, Randolph County Wraparound – [Centerstone](#), [Purdue Extension Randolph County](#), [Randolph County 4-H](#), [Department of Child Services](#); [Children's Bureau, Inc.](#)

IYI Resources on this topic: [Helping Children through Negative Experiences](#) Issue Brief; [ACEs](#) Data Brief; [Trauma](#) Subject Guide

Tuesday, April 9, 2019

11:30 am – 1:00 pm

Randolph County Fair Grounds

Husted Hall

[1885 S. US Hwy 27](#)

[Winchester, IN 47394](#)

(765) 584-2271

RSVP via [Randolph County YWC](#). If you have trouble with link, please go to [www.iyi.org/ywc](#) or email [Debbie Jones](#).

FREE: Lunch will be provided.

Connect:

Feel free to bring your program or resource information to share and to arrive early or stay after for additional networking.



2019 College & Career Conference
Brings together professionals to help prepare students for their futures.

June 5-6 Indianapolis Marriott North

Early bird registration \$150 through April 1

More info and register at [www.iyi.org](#)

Keynote Speakers:


Dr. Freeman Hrabowski
President
University of Maryland, Baltimore County


Dr. LaMarr Darnell Shields
Co-Founder and Senior Director of Education and Innovation
Cambio Group

For more information about this event or the Indiana Youth Institute, contact IYI Outreach Manager [Alison Palmer](#).